

CYLCHLYTHYR/NEWSLETTER



Ysgol Uwchradd Tywyn Chwefror / February 2024

Mae'n bleser gennym gyhoeddi bod Ysgol Uwchradd Tywyn wedi cael ei dewis i gael ei chynnig ar gyfer pleidlais cwsmeriaid ar gyfer prosiect 'Tesco Stronger Starts'.
Bydd y pleidleisio'n dechrau yn y siop o ganol mis Ionawr 2024 tan ddiwedd mis Mawrth 2024.

Mae'r rhaglen grant Stronger Start, sy'n werth £5m, a gyflwynir mewn partneriaeth â Groundwork UK, yn helpu ysgolion a grwpiau plant i ddarparu bwyd maethlon a gweithgareddau iach sy'n cefnogi iechyd corfforol a lles meddyliol pobl ifanc, fel clybiau brecwast neu fyrbrydau, ac offer chwaraeon ar gyfer clybiau ar ôl ysgol.

Ychydig am ein prosiect:

Ein nod yn Ysgol Uwchradd Tywyn yw gwella iechyd a lles disgyblion drwy ymarfer corff yn yr awyr agored.

Hoffem gael 'Campfa Awyr Agored' lle bydd disgyblion a'r gymuned yn elwa o allu ymarfer corff i wella eu hiechyd a'u ffitrwydd.

Rydym yn gwybod bod ymchwil dda bod pobl ifanc sydd â gwell iechyd a lles yn llawer mwy tebygol o gyflawni eu nodau. Rydym yn teimlo y bydd cynnig lle awyr agored i ymarfer corff hefyd yn gwella sgiliau cymdeithasol, yn dod â disgyblion at ei gilydd i ffurfio cyfeillgarwch, ac i wella llythrennedd a hyder. Bydd disgyblion yn datblygu cydlynu wrth adeiladu ystwythder, cryfder cardiofasgwlaidd a chyhyrau. Rydym am barhau i hyrwyddo llesiant ac ychwanegu campfa awyr agored i'n cyfleusterau presennol, gallwn barhau i hyrwyddo cyfleoedd iechyd corfforol/meddyliol i'n disgyblion.

Bydd y prosiect sydd â'r nifer uchaf o bleidleisiau ar draws eich rhanbarth yn derbyn £1,500 (neu'r swm y gofynnwyd amdano hyd at y gwerth hwn), y prosiect ail safle £1,000 (neu'r swm y gofynnwyd amdano hyd at y gwerth hwn), a'r prosiect trydydd safle £500.

Beth fydd yn digwydd nesaf?

Siopau a fydd yn pleidleisio ar eich prosiect
Gweler isod restr o siopau sy'n cymryd rhan yn y pleidleisio ar eich prosiect.

4465 Aberystwyth Pol Ex Uned Fach SY23 2JN
4630 Uned fawr Aberystwyth SY23 1PB

Sut i bleidleisio:

I bleidleisio, bydd angen i chi brynu o fewn y storfa o unrhyw werth. Byddwch yn derbyn un tocyn fesul trafodiad i'w osod yn y prosiect o'ch dewis. Nid oes angen prynu bag siopa er mwyn derbyn tocyn. Diolch am eich cefnogaeth barhaus.

We are delighted to announce that Ysgol Uwchradd Tywyn have been selected to be put forward for customer vote for the 'Tesco Stronger Starts' project. Voting will commence in store from mid January 2024 until the end of March 2024.

This £5m Stronger Starts grant programme, delivered in partnership with Groundwork UK, helps schools and children's groups provide nutritious food and healthy activities that support young people's physical health and mental wellbeing, such as breakfast clubs or snacks, and sports equipment for after school clubs.

A little about our project:

Our aim at Ysgol Uwchradd Tywyn is to improve pupils' health and wellbeing through exercise in the outdoors.

We would like to have an 'Outdoor Gym' where pupils and the community will benefit from being able to exercise to improve their health and fitness.

We know it is well researched that that young people with better health and well-being are far more likely to achieve their goals. We feel that offering an outdoor space to exercise will also improve social skills, bring pupils together to form friendships, and to improve literacy and confidence. Pupils will develop co-ordination while building agility, cardiovascular and muscle strength. We want to continue to promote well-being and adding an outdoor gym to our existing facilities, we can continue to promote physical/mental health opportunities for our pupils.

The project with the highest number of votes across your region will receive £1,500 (or the amount that was requested up to this value), the second placed project £1,000 (or the amount that was requested up to this value), and the third placed project £500.

What happens next?

Stores which will vote on your project
Please see below a list of stores taking part in the voting on your project.

4465 Aberystwyth Pol Ex Small unit SY23 2JN
4630 Aberystwyth Large unit SY23 1PB

How to vote:

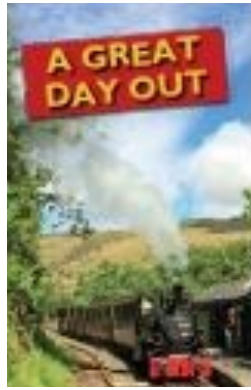
To vote, you will need to make a purchase within store of any value. You will receive one token per transaction at the check-out to place in the project of your choice. It is not necessary to purchase a carrier bag in order to receive a token. Thank you for your

TESCO In partnership with



Diolch!

Diolch yn fawr iawn i'r cwmnïau canlynol am gefnogi Ysgol Uwchradd Tywyn, drwy roi £25 i'n galluogi i argraffu y cylchlythyr yma mewn liw.



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BY OLIVER'S

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Tywynbakery@gmail.com

Thank you!

Many thanks to the following companies for supporting Ysgol Uwchradd Tywyn by donating £25 to enable us to print this newsletter in colour.

Busnesau Lleol / Local Businesses

**Award winning
bacon, sausages, pies
& faggots**



Cigydd Aberdyfi Butcher
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Residential, Commercial and HMO Management

Licensed Member of NRLA / PRS & Rent Smart Wales
licensed


Based in Tywyn Gwynedd;
Mrs Lisa Daley-Allan & Miss Rebekah Pughe;
Office: 01654 288465 / Mobile: 07792201491
e-mail: mail@myplaceproperties.co.uk
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Mae gennym lefydd os hoffech hysbysebu eich busnes, rhowch wybod i ni!

We have spaces if you would like to advertise your business, please let us know!



YSGOL UWCHRADD TYWYN

FFORDD YR ORSAF / STATION ROAD, TYWYN, GWYNEDD, LL36 9EU

Ffon /Telephone 01654 710256 E-bost: swyddfa@tywyn.ysgoliongwynedd.cymru

Pennaeth / Head Teacher: Mr David Thorp Dirprwy Bennaeth / Deputy Head: Mrs Marion Sterritt

Cadwch mewn cysylltiad ar y wefan, Twitter a Facebook am y wybodaeth diweddaraf ar gyfer Arholiadau, unrhyw gweithgareddau a newyddion / Please keep in touch via the school website, Twitter and Facebook for the latest information on examinations, activities and news.

www.tywyn.gwynedd.sch.uk

Edrychwch ar ein gwefan ysgol newydd sydd wedi bod wrthi'n cael ei hadeiladu!

Check out our new school website which has been under construction!

www.tywyn.gwynedd.sch.uk

Ysgol Uwchradd Tywyn

Ffordd Yr Orsaf, Tywyn, Gwynedd, LL36 9EU

Pennaeth: Mr David Thorp

ADREF EIN HYSGOL RHINIEN DISGYBLION EIN CWRICWLWM I GYMRU CYSYLLTU



Agored Cymru

Mae rhai o'r disgyblion wedi gwneud gemwaith yn ystod y gwersi Agored Cymru ac wedi gwneud stondin i werthu eu heitemau i ddisgyblion a staff yn ystod amser cinio.

Rydym yn falch o ddweud ein bod wedi codi £179.30 i Ambwylans Awyr Cymru er cof am Mr Davies.

Some of the pupils have made jewellery during the Welsh Open lessons and made a stall to sell their items to pupils and staff during lunchtime.

We are pleased to say that we have raised £179.30 for the Welsh Air Ambulance in memory of Mr Davies.



Banc Bwyd Nadolig 2023

Diolch i bawb a roddodd yn hael i'r banc bwyd eleni, rydym wir yn gwerthfawrogi eich cefnogaeth barhaus. Gyda balchder fe drosglwyddon ni'r eitemau i Kelsey o Coop Tywyn .

Diolch yn fawr iawn unwaith eto!



Coop Food Bank 2023

Thank you to everyone who gave kindly to the food bank this year, we really appreciate your continued support. Proudly we handed the items over to Kelsey from Tywyn Coop .

Thank you very much once again!





Rhaglen ARWR pysgod / Fish HERO programme



Rydym yn falch o gyhoeddi ein bod ni, fel ysgol, yn rhan o'r Rhaglen Arwr Pysgod.

Wedi'i gefnogi gan Ymddiriedolaeth Elusennol Pysgodfeydd Cwmni'r Gwerthwyr Pysgod, caiff Arwr Pysgod yr Ysgol ei reoli gan ganolfan yr Athrawon bwyd a'u tîm gwirfoddol ar draws y DU.

Cafodd y cynllun ei lansio yn 2020/21 a bydd y rhaglen yn ehangu drwy gydol y DU, gan gyrraedd dros 60,000 o ddisgyblion mewn 3 blynedd.

Cymerodd dros 900 o ysgolion ran yn 2022, gyda 13,000 o ddisgyblion yn cael cyfle unigryw i baratoi, coginio a blasu pysgod.

Mae Arwr Pysgod yr Ysgol yn ceisio sicrhau bod pob plentyn yn cael cyfle i baratoi, coginio a bwyta pysgod cyn iddynt adael yr ysgol. Bwriad y rhaglen yw hyfforddi dros 400 o athrawon bwyd ysgolion uwchradd i fod yn hyderus wrth baratoi a choginio pysgod gyda disgyblion yn eu dosbarthiadau.

Bydd athrawon yn derbyn cymorth gan arwyr lleol: gwerthwyr pysgod, cogyddion sy'n caru pysgod a chyflenwyr pysgod, yn ogystal ag arwyr eraill fydd yn mynychu ysgolion i drafod eu rolau wrth ddod ar bwyd o'r môr i'r plât, gan amlygu'r gyrfaoedd a'r cyfleoedd yn y diwydiant pysgod.

Fe wnaeth y disgyblion Ysgol Uwchradd Tywyn fwynhau coginio a dysgu am 'Gregyn gleision'.



We are pleased to announce that we, as a school, are part of the Fish Hero Programme.

Supported by the Fishmongers' company's Fisheries Charitable Trust, Fish In School Hero is managed by the food teachers centre and their volunteer team throughout the UK.

The scheme was launched in 2020/21 and the programme will be extending throughout the

UK, reaching over 60,000 pupils in 3 years. More than 900 schools took part in 2022, with 13,000 pupils having a unique opportunity to prepare, cook and taste fish

Fish In School Hero aims to ensure that every child gets a chance to prepare, cook and eat fish before they leave school. The programme aims to train over 400 secondary food teachers to be confident in preparing and cooking fish with students in their classrooms.

Teachers will be supported by local heroes: fishmongers, fish-loving chefs and fish suppliers, as well as other heroes who will be coming into schools to talk first-hand about their role in bringing seafood from the sea to the plate, highlighting careers and opportunities in the fish industry.

The pupils of Ysgol Uwchradd Tywyn enjoyed cooking and learning about 'Mussels'.





Trip Sgio / Blwyddyn 8 a 9 Ski Trip / Years 8 and 9

Dydd Gwener, Ionawr 12fed, 2024, cychwynnodd disgyblion Ysgol Uwchradd Tywyn ar daith sgïo gyffrous i'r Eidal. Dechreuodd cyfanswm o 43 disgybl o flynyddoedd 9 a 10, ynghyd â 5 aelod o staff, eu taith yn gynnar y bore Gwener hwnnw, gan gwmpasu pellter o 1063 milltir. Er gwaethaf yr amser teithio hir o bron i 30 awr, arhosodd disgwyliaid yn uchel gyda cyffro am yr wythnos i ddod yn cynyddu ymhlith disgyblion a staff.

Ar ôl iddynt gyrraedd Prato Nevoso, yr Eidal, ni wastraffodd y grŵp unrhyw amser i ollwng eu bagiau yn eu hystafelloedd cyn trefnu eu hoffer sgïo i baratoi ar gyfer yr anturiaethau i ddod. Roedd trefnu sgïau, esgidiau, helmedau a pholion yn eithaf tasg, ond llwyddodd y grŵp gyda phenderfyniad.

Ar ôl setlo i mewn, ymgasglodd y grŵp ar gyfer cinio haeddiannol cyn noswyllo. Y bore canlynol, fe wnaethant ymgynnull yn yr ystafell frecwast am 7:30 am, yn barod i ddechrau ar eu gwrs sgïo gyntaf o'r daith. Yn cerdded fel pengwiniad yn eu gêr sgïo, fe wnaethant fynd i'r llethrau, lle gwnaethant gyfarfod â'u hyfforddwy am yr wythnos a dechrau'r wers ddwy awr gyntaf.

Yn dilyn egwyl ginio fer yn ôl yn y gwesty, dychwelodd y grŵp i'r llethrau ar gyfer sesiwn addysgiadol arall. Bob dydd daeth cynnydd a mwynhad newydd wrth i'r disgyblion hogi eu sgiliau ar yr eira. Yn ogystal â'u gwersi, fe wnaethant fwynhau moethusrwydd ymlacio yn y pwll ac archwilio siopau lleol. Fe ddaethon nhw o hyd i amser hyd yn oed ar gyfer rhai rasys cyfeillgar i lawr y llethrau, gan gynnwys cyfranogiad staff mewn tiwbiau eira.

Profodd y daith sgïo i fod yn brofiad gwerth chweil a chofiadwy i bawb a gymerodd ran, yn llawn chwerthin, dysgu, ac eiliadau bythgofiadwy ar flynyddoedd yr Eidal.

On Friday, January 12th, 2024, the pupils of Ysgol Uwchradd Tywyn embarked on an exhilarating ski trip to Italy. A total of 43 pupils from years 9 and 10, accompanied by 5 staff members, commenced their journey early that Friday morning, covering a distance of 1063 miles. Despite the long travel time of nearly 30 hours, spirits remained high as anticipation for the week ahead soared among both pupils and staff.

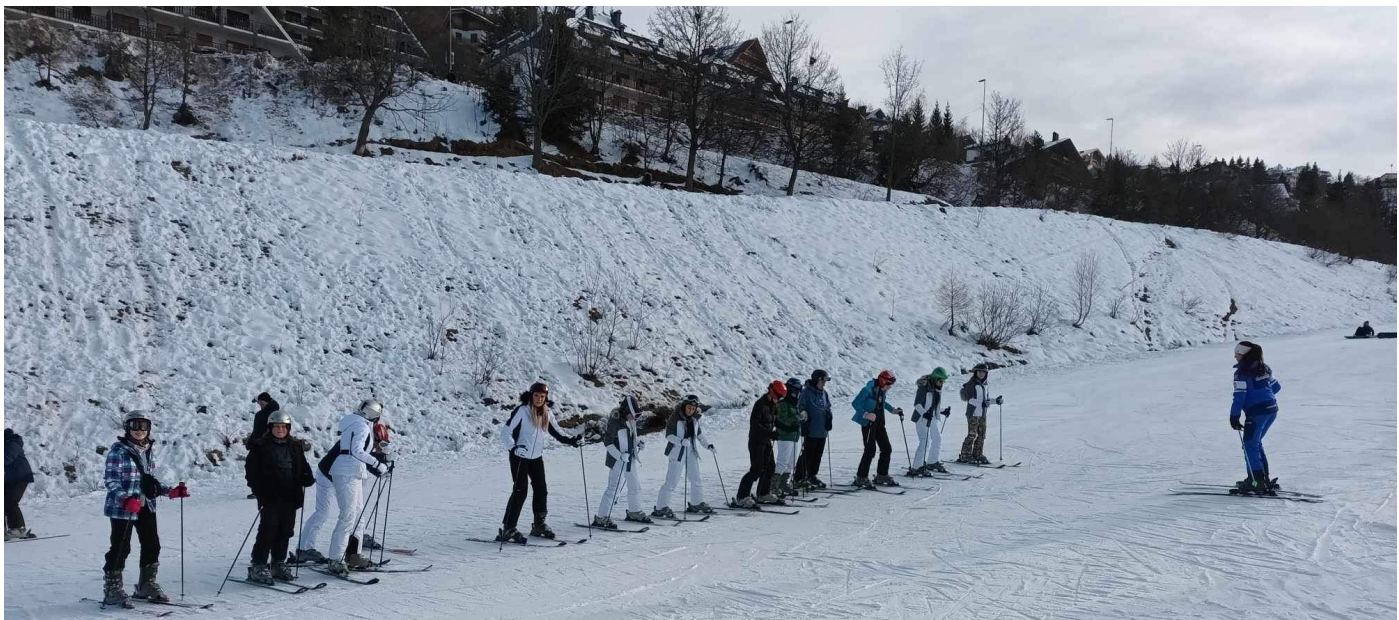
Upon their arrival in Prato Nevoso, Italy, the group wasted no time in dropping off their luggage in their rooms before organizing their ski equipment in preparation for the upcoming adventures. Sorting skis, boots, helmets, and poles proved to be quite the task, but the group managed it with determination.

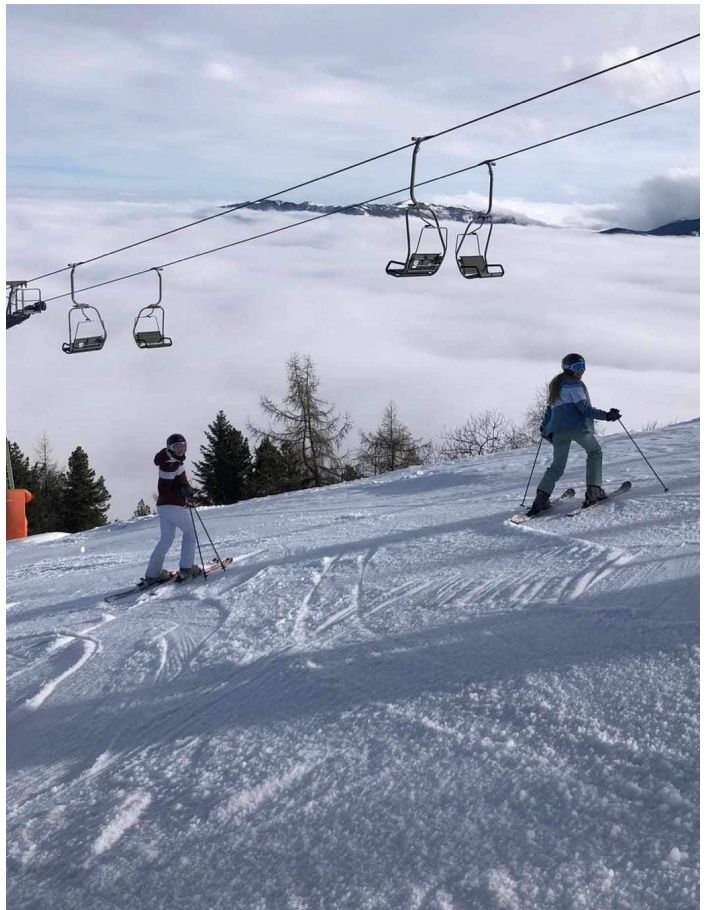
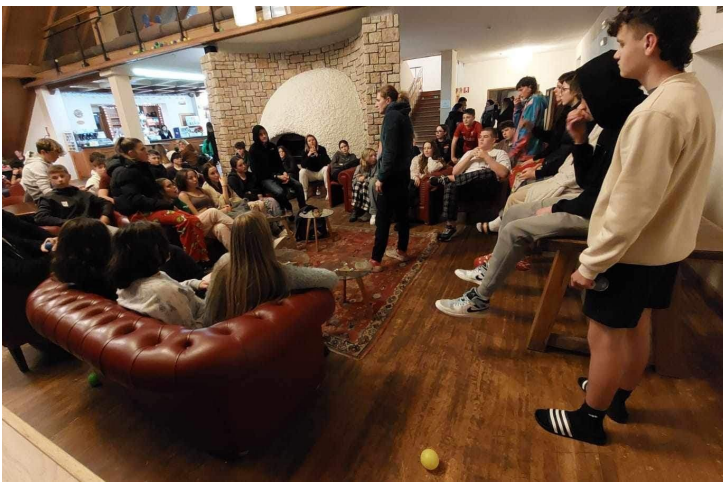
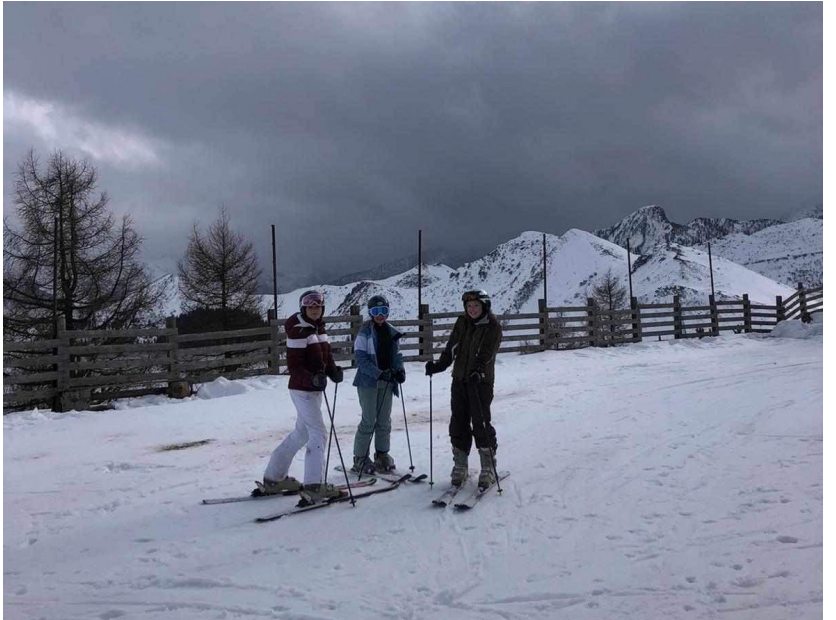
After settling in, the group gathered for a well-deserved dinner before retiring for the night. The following morning, bright and early, they convened in the breakfast room at 7:30 am, ready to embark on their first ski lesson of the trip. Waddling like penguins in their ski gear, they made their way to the slopes, where they met their instructors for the week and dived into their first two-hour lesson.

Following a brief lunch break back at the hotel, the group returned to the slopes for another instructive session. Each day brought new progress and enjoyment as the pupils honed their skills on the snow. In addition to their lessons, they indulged in the luxury of relaxing in the pool and exploring local shops. They even found time for some friendly races down the slopes, including staff participation in snow tubing.

The ski trip proved to be a rewarding and memorable experience for all involved, filled with laughter, learning, and unforgettable moments on the mountains of Italy.







Cystadleuaeth Cyberfirst GCHQ Cyberfirst Competition

Mae rhai o'n merched Blwyddyn 8 wedi gwneud yn rhyfeddol o dda yng Nghystadleuaeth Cyberfirst GCHQ eleni ac wedi gorffen yn y 10 tîm uchaf yng Nghymru gyfan. Fe'u gwahoddwyd i ddigwyddiad dathlu arbennig a phryd 3 chwrws yng Nghasnewydd ym mis Chwefror i dathlu eu cyflawniad.

Yng Nghystadleuaeth Merched CyberFirst 2023/24, a gynhaliwyd gan Ganolfan Seiberddiogelwch Genedlaethol GCHQ, gwelwyd y nifer fwyaf o ferched yn cymryd rhan ers ei sefydlu.

Defnyddiodd y timau ystod o sgiliau seiber i gystadlu mewn cracio côd, dadgryptio negeseuon a datrys posau mewn cystadleuaeth sy'n ceisio ysbrydoli menywod ifanc i ddilyn gyrfaedd mewn seiber.



(Llun o'r chwith i'r dde / Pictured from Left to Right):

Diani-Grace Gibbins, Leah Pugh, Annie Pughe ac/and Aneira Jones

Some of our Year 8 girls have done amazingly well in this year's GCHQ Cyberfirst Competition and have come in the top 10 teams in the whole of Wales. They have been invited to a special celebratory event and 3 course meal in Newport in February to celebrate their achievement.

The 2023/24 CyberFirst Girls Competition, run by GCHQ's National Cyber Security Centre, saw the largest number of girls taking part since its inception.

Teams used range of cyber skills to compete in code cracking, decrypting messages and solving puzzles in a contest which seeks to inspire young women to pursue careers in cyber.

Rownd Derfynol Rhanbarthol F1 mewn ysgolion / F1 in Schools Regional Finals

Roedd 30 o ddisgyblion Ysgol Uwchradd Tywyn yn cystadlu yn Rownd Derfynol Rhanbarthol F1 mewn Ysgolion eleni a gynhaliwyd yn Ninbych yn gynharach y mis yma.

Wedi'i ddatblygu i gyflwyno myfyrwyr i bynciau STEM yn y ffordd fwyaf diddorol bosibl – drwy greu car F1 bach – mae F1 in Schools yn brosiect addysgol fel dim un arall. Wedi'i gynllunio ar gyfer athrawon, wedi'i lywio gan beirianwyr, ac wedi'i gymeradwyo gan F1, mae'r rhaglen hon yn gosod myfyrwyr ar y llwybr cyflym i lwyddiant STEM; ac mae'n darparu llawer o hwyl ar y ffordd.

Fel her sydd wedi'i gwreiddio mewn STEM, ond yn cwmpasu cymaint mwy, mae F1 in Schools yn rhoi cipolwg i fyfyrwyr ar amrywiaeth o yrfaedd a meysydd pwnc – o farchnata a nawdd i reolaeth ariannol, ochr yn ochr ag addysgu sgiliau technegol fel sut i ddefnyddio meddalwedd CAD (computer aided design) a pheiriannau CNC (computer numerical controlled).

Cafodd ein pum tîm, sy'n cynnwys disgyblion o Flwyddyn 8-11, y dasg o ddod o hyd i nawdd i'w helpu i brynu crysau a nwyddau tîm ar gyfer eu henw brand. Hoffem ddiolch i'r noddwyr canlynol am eu cefnogaeth:

Team Polaris: Genesis, Milwyn Jenkins & Jenkins, Caethle Caravan Park, Angood Consulting.

Aries Elementum: Cadfans, Grays Café, Caerberllan Shires, Du Casse, Co-op, GR Electrical Body Shop, Alterdeco Clothing, Woodworks.

Lab Rats: LL DIY, Welcome to Whales and Angood Consulting

R-Cars: Maxsport Competition Tyres, Mid-Wales Metal Finishes, D&D Transportation, Dig-it Plant Hire, Pensaerniaeth Cader Architecture Ltd

Hurricane: Atherton Bikes, Dan Jones Images, Bikes Corris.

Gwnaeth ein timau yn dda iawn yn y gystadleuaeth ranbarthol gyda Team Polaris yn ennill 3ydd safle yn gyffredinol allan o dros 20 o dimau yn cystadlu ac Aries Elementum yn ennill y Wobr Cyflwyniad Llfar Gorau. Enwebwyd Aries Elementum hefyd am eu Pit Display a gwobr 'Future Stars.'

Yn ôl **Amy Spencer**, Cydlynnydd STEM Ysgol Uwchradd Tywyn, a drefnodd y timau; *"Rwy'n hynod falch o'r hyn y mae ein disgyblion wedi'i gyflawni. Maent wedi dod at ei gilydd i gynhyrchu'r prosiectau grŵp mwyaf anhygoel, portffolios dylunio a pheirianneg, ac arddangosfeydd pwll. Mae'r dyfodol yn edrych yn ddisglair i'r disgyblion hyn ym myd STEM! Rwy'n edrych ymlaen yn fawr at drefnu cystadleuaeth y flwyddyn nesaf i weld beth all ein timau ei gynnig!"*

Mae'r holl ddisgyblion wedi derbyn Gwobr Crest Stem Efydd i gydnabod eu hymdrechion gyda'u prosiectau a gronnodd i gannoedd o oriau.



Thirty pupils from Ysgol Uwchradd Tywyn competed in this year's F1 in Schools Regional Finals held in Denbigh earlier this month.

Developed to introduce students to STEM subjects in the most engaging way possible – through the creation of a miniature F1 car – F1 in Schools is an educational project like no other. Designed for teachers, informed by engineers, and endorsed by F1, this programme sets students on the fast track to STEM success; and provides a lot of fun on the way.

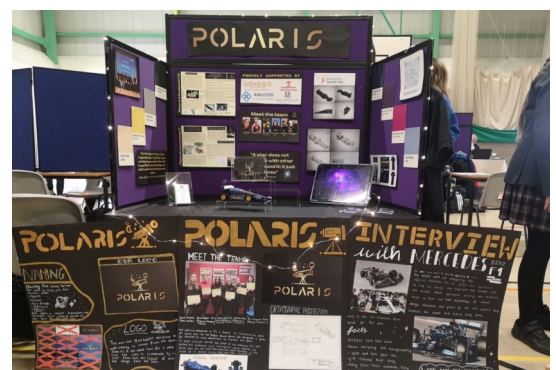
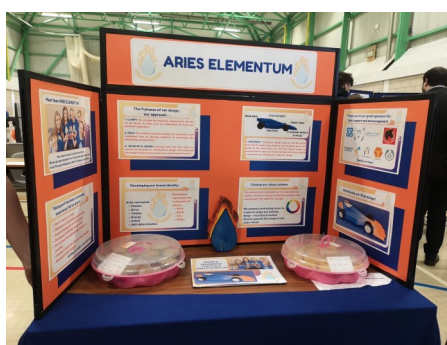
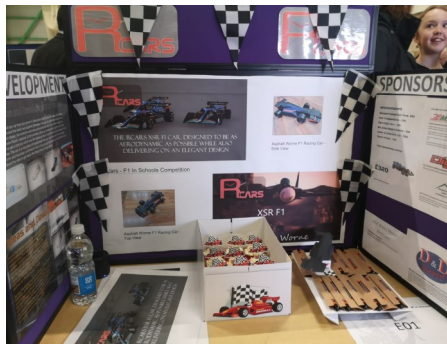
A challenge rooted in STEM, but encompassing so much more, F1 in Schools provides students with an insight into an array of careers and subject areas – from marketing and sponsorship to financial management, alongside teaching technical skills such as how to use CAD (computer aided design) software and CNC (computer numerical controlled) machines.

Our five teams, consisting of pupils from Years 8-11, were tasked with sourcing sponsorship to help them purchase team shirts and merchandise for their brand name. We would like to thank the following sponsors for their support:

- Team Polaris:** Genesis, Milwyn Jenkins & Jenkins, Caethle Caravan Park, Angood Consulting
- Aries Elementum:** Cadfans, Grays Café, Caerberllan Shires, Du Casse, Co-op, GR Electrical Body Shop, Alterdeco Clothing, Woodworks
- Lab Rats:** LL DIY, Welcome to Whales and Angood Consulting
- R-Cars:** Maxsport Competition Tyres, Mid-Wales Metal Finishes, D&D Transportation, Dig-it Plant Hire, Pensaerniaeth Cader Architecture Ltd
- Hurricane:** Atherton Bikes, Dan Jones Images, Bikes Corris.

Our teams did extremely well in the Regional Competition with Team Polaris achieving 3rd Place overall out of over 20 teams competing and Aries Elementum winning the Best Verbal Presentation Award. Aries Elementum were also nominated for their Pit Display and a Future Stars award.

The STEM Co-ordinator at Ysgol Uwchradd Tywyn, **Amy Spencer**, who organised the teams has said; *"I am so incredibly proud of what our pupils have achieved. They have come together to produce the most amazing group projects, design & engineering portfolios, and pit displays. The future looks bright for these pupils in the world of STEM! I am very much looking forward to organising next year's competition to see what our teams can bring!"* All pupils have been awarded with a Bronze Stem Crest Award to recognise their efforts with their projects which accumulated to hundreds of hours.



Yr adeg honno o'r flwyddyn eto lle roedd Chwaraewyr Aberdyfi yn ein cludo i'r lle bendigedig sy'n cael ei adnabod fel "Pantoland."

Yn "Once Upon a Time in Pantoland" mae'r Fonesig Tallulah Tickle yn rhedeg siop jôcs leol gyda'i phlant Tommy a Tilly. Ond pan fydd Ysbryd Pantoland yn cael ei herwgipio gan y wrach gas Mouldywart, ni all hyd yn oed y Tickles gael dinasyddion Pantoland chwerthin.

Mae'r chwaraewyr yn grŵp o bobl o wahanol oedranau a thalentau, sydd dros gyfnod o'r 29 mlynedd diwethaf wedi ennill enw da eang am eu cynrychiadau, yn enwedig y pantomeim blynyddol.

Mae ein canolfan yn Neuadd Dyfi yn Aberdyfi a ddefnyddir ar gyfer cyfarfodydd, ymarferion a pherfformiadau. Mae croeso bob amser i newydd-ddyfodiaid o bob oed ymuno fel actorion, corws, cynorthwyr wardrob neu griw cefn llwyfan.

Da iawn i ddisgyblion **Ysgol Uwchradd Tywyn** a oedd unwaith eto yn rhan o berfformiad gwydh, a oedd yn cynnwys canu, dawnsio ac actio.

Dangoswyd misoedd o waith ac ymrwymiad gan y disgyblion mewn ymarferion. Da iawn ar berfformiad ardderchog!



It was that time of year again where Aberdyfi Players transported us to the wonderful place that is know as "Pantoland."

In "Once Upon a Time in Pantoland" Dame Tallulah Tickle runs the local joke shop with her children Tommy and Tilly. But when the

Spirit of Pantoland gets kidnapped by the nasty witch Mouldywart, not even the Tickles can get the citizens of Pantoland laughing.

The Players are a group of people of varying ages and talents, who over a period of the last 29 years or so have gained a widespread reputation for their productions, notably the annual pantomime .

Our base is at the Neuadd Dyfi in Aberdovey which is used for meetings, rehearsals and performances. Newcomers of all ages are always welcome to join as actors, chorus, wardrobe assistants or backstage crew.

A big well done to pupils of **Ysgol Uwchradd Tywyn** who once again were involved with a fantastic performance, which included singing, dancing and acting.

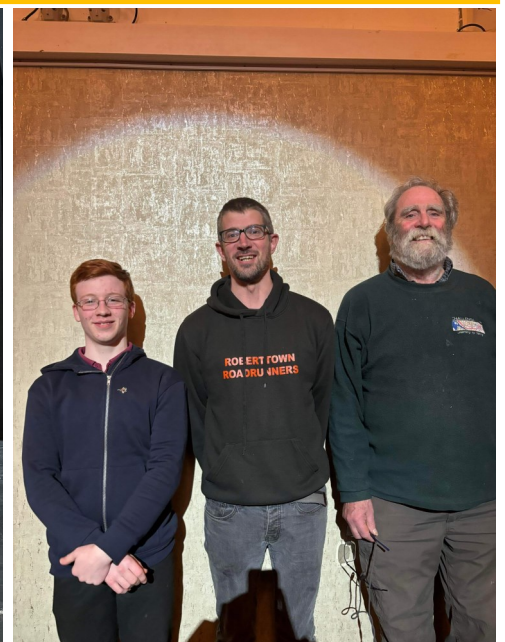
Months of work and commitment were shown by the pupils at rehearsals. A very well done on an excellent performance!

Ilun (Rhes gefn, chwith i'r dde) Megan Pullan Blwyddyn 10, Ruby Llywarch-Bayley Blwyddyn 7, Diani-Grace Gibbins Blwyddyn 8, Cadi Fowles Blwyddyn 7, Amelia Wyre Blwyddyn 7 ac Ellie Pymm Blwyddyn 10. (Y rhes flaen, o'r chwith i'r dde) Mari Jones Blwyddyn 7, Molly Hodges Blwyddyn 8 ac Evie Hodges Blwyddyn 7.

Pictured (Back row, left to right) Megan Pullan Year 10, Ruby Llywarch-Bayley Year 7, Diani-Grace Gibbins Year 8, Cadi Fowles Year 7, Amelia Wyre Year 7 and Ellie Pymm Year 10. (Front row, left to right) Mari Jones Year 7, Molly Hodges Year 8 and Evie Hodges Year 7.

Brendan Hansford blwyddyn 11 a gymerodd y rôl fel Technegydd Goleuadau yn y llun hefo Dave Dowden a Des George.

Brendan Hansford Year 11 who took on the role of Lighting Technician, in the picture with Dave Dowden and Des George.



Adloniant Nadoligaidd 19/12/23 Christmas Concert

Cafwyd noson wych yn Ysgol Uwchradd Tywyn eleni. Cynhaliwyd y digwyddiad nos Fawrth 19 Rhagfyr yn neuadd ein hysgol.

Roedd y neuadd yn llawn capasiti, ac roedd ymdeimlad hyfryd o hwyl y Nadolig.

Cafwyd llawer o berfformiadau ar y noson sef; côr yr ysgol, ensembles gitâr a'r unawdau, Canu, Dawnsio, Grŵp Ukelele, Telyn, Unawd piano a Deuawdau, a Pherfformiad Iaith Arwyddo Brydeinig o flwyddyn 7, a pherfformiad grŵp gan y 'Boomwhackers'.

Bu amryw o ddisgyblion yn cymryd rhan o bob grŵp blwyddyn ar y noson.

Ar ôl sawl wythnos o waith caled, ymrwymiad yn ystod yr ymarferion, ynghyd â Mrs Rhian Pughe a drefnodd y gyngerdd ac a weithiodd mor galed ochr yn ochr â'r disgyblion i sicrhau bod y noson yn llwyddiant.

Yn sicr, roedd eu holl waith caled a'u hymrwymiad yn talu ar ei ganfed. Roedd y sgiliau cerddorol a ddangoswyd gan y disgyblion yn eithriadol, o berfformio ar y llwyfan i ffurfio tîm i reoli sain a goleuo, a'r cyfan wedi'i wneud mor broffesiynol.

Yn ystod yr egwyl, roedd rhieni a theuluoedd yn mwynhau lluniaeth ysgafn o de, coffi a mins peis, tra tynnwyd y raffl.

Roedd gwobrau gwych ar gael a oedd wedi cael eu rhoi yn garedig gan fusnesau lleol. Rhoddwyd gwobrau gan 'Tywyn Foods', Serenity Beauty, Neil Smith Hairdressing a Môr Tywyn. Diolch i chi i gyd.

Diolch i bawb a ddaeth i'n sioe adloniant Nadolig. Roedd y noson yn llwyddiant mawr ac mae'r ysgol yn falch iawn o'r holl ddisgyblion talentog.

A great evening was had at Tywyn High School this year. The event took place on Tuesday 19 December in our school hall.

The hall was packed to capacity, and there was a wonderful sense of Christmas cheer.

There were many performances on the night namely; school choir, guitar and solo ensembles, Singing, Dancing, Ukelele Group, Harp, Piano Solo and Duets, and a British Sign Language Performance from year 7, and a group performance by the 'Boomwhackers'.

Various pupils took part from each year group on the night.

After several weeks of hard work, commitment during the rehearsals, along with Mrs Rhian Pughe who organised the concert and worked so hard alongside the pupils to make the evening a success.

All their hard work and commitment certainly paid off. The musical skills demonstrated by the pupils were exceptional, from performing on stage to forming a team to manage sound and lighting, all done so professionally.

During the break, parents and families enjoyed light refreshments of tea, coffee and mince pies, while the raffle was drawn.

There were great prizes available which had been kindly donated by local businesses. Awards were given by 'Tywyn Foods', Serenity Beauty, Neil Smith Hairdressing and Burry Sea. Thank you all.

Thank you to everyone who attended our Christmas entertainment show. The evening was a great success and the school is very proud of all the talented pupils.



Christmas concert





Ffair Cefnogaeth / Community Fair 12/12/23

Ar 12 Rhagfyr 2023, croesawodd Ysgol Uwchradd Tywyn lawer iawn o wasanaethau a sefydliadau i'r ysgol i gynnig cynngor a chefnogaeth.

Pynciau a drafodwyd megis ynni a gwresogi, twyll a sgamiau, hyfforddiant a swyddi, cymorth digidol, tai a chyllid ar gyfer gwella cartrefi i berchnogion tai, roedd sefydliadau ar gael i ddangos yr hyn sydd ar gael yn ein cymuned leol.

Roedd yr ysgol yn gallu cynnig pryd o fwyd cynhesrwydd y gaeaf i bawb heb unrhyw gost, diolch i Coop Tywyn, Spar, ac Olivers Bakery a roddodd eitemau a chynhwysion bwyd i'r ysgol allu paratoi a choginio'r prydau. Hoffai'r ysgol ddiolch i'r busnesau lleol hyn am eu cefnogaeth i'r digwyddiad hwn. Heb eu haelioni ni fyddai'r ysgol wedi gallu darparu'r prydau poeth, rydym yn ddiolchgar iawn.

Cynhaliodd yr ysgol ddigwyddiad 'Swishing' hefyd lle roedd dillad ar gyfer pob oedran a gwisg ysgol ar gael, eto heb unrhyw gost. Rhoddwyd eitemau yn garedig i'r stondin gan rieni, aelodau'r cyhoedd, staff a busnesau. Diolch i bawb sydd wedi helpu i wneud i hyn ddigwydd.

Cawsom adborth cadarnhaol iawn gan aelodau o'r cyhoedd a fynychodd y digwyddiad hwn, ac rydym yn goberthio trefnu digwyddiad arall yn y dyfodol agos.

Hoffem ddiolch i'r holl sefydliadau a fynychodd, roedd y gwasanaeth a gynigiwyd gennych yn addysgiadol iawn ac yn ddefnyddiol.

On the 12th of December 2023, Ysgol Uwchradd Tywyn welcomed a large amount of services and organisations to the school to offer advice and support.

Topics that were discussed such as energy and heating, fraud and scams, training and jobs, digital support, housing and funding for home improvements for homeowners, organisations were available to show what is available in our local community.

The school were able to offer a winter warmer meal for all at no cost, thanks to Coop Tywyn, Spar, and Olivers Bakery who kindly donated food items and ingredients for the school to be able to prepare and cook the meals. The school would like to thank these local businesses for their support for this event. Without their generosity the school wouldn't have been able to provide the hot meals, we are very grateful.

The school also held a 'Swishing' event where clothes for all ages and school uniform were available, again at no cost. Items were kindly donated to the stall by parents, members of the public, staff and businesses. Thank you to everyone who helped make this happen.

We received very positive feedback from members of the public who attended this event, and we hope to arrange another event in the near future.

We would like to thank all the organisations that attended, the service you offered was very informative





Help efo Costau Byw ~ Cost of Living Support

Dewch draw i cwrrd a gael sgwrs efor gwasanaethau isod:
Come along to meet and chat to these organisations:



HEDDLU GOGLEDD CYMRU
Gogledd Cymru diogelach
NORTH WALES POLICE
A safer North Wales



Tywyn Baptist Church





Gwersyll Yr Urdd Glan-llyn Dydd Llun/Monday 22/01/24 Blwyddyn 8 a 9/Years 8 and 9



Mae disgyblion blwyddyn 8 a 9 wedi cymryd rhan mewn diwrnod gweithgareddau hybu Iechyd Meddwl yng Nglanllyn ddydd Llun 22ain Ionawr.

Cafodd y disgyblion gymryd rhan mewn gweithgareddau fel bushcraft a saethyddiaeth, tra hefyd yn dysgu am wytnwch a straen bob dydd.

Arweiniwyd y gweithgaredd gan Delyth Jones Gweithiwr Ieuencid Iechyd a Lles Meddyliol/Emosiynol Dros Dro.

Roedd Jo Edwards y Gweithiwr Ieuencid Ysgolion yn arwain y grŵp.

Pupils from year 8 and 9 took part in a Mental Health promotion activity day at Glanllyn on Monday 22nd January.

The pupils got to take part in activities such as bushcraft and archery, whilst also learning about resilience and every day stressors.

The activity was led by Delyth Jones Gweithiwr Ieuencid Iechyd a Lles Meddyliol/Emosiynol Dros Dro.

The group were accompanied by Jo Edwards the Schools Youth Worker.





**Cymerodd disgyblion rhan mewn gweithgareddau fel bushcraft a saethyddiaeth, tra hefyd yn dysgu am wytnwch a straen bob dydd.
 Roedd y disgyblion hefyd yn mwynhau tostio marshmallows ar y tân.
 Pupils took part in activities such as bushcraft and archery, while also learning about resilience and everyday stress.
 The pupils also enjoyed toasting marshmallows on the fire.**



**leuenctid
 GWYNEDD
 Youth**

Darparu ffordd ddiogel a hwyli i bobl ifanc Gwynedd gwrrd, dysgu a thyfu.

Providing the young people of Gwynedd a safe way to meet, learn and grow.

Bwthyn Ogwen 11/12/24

Wedi'i leoli rhwng mynyddoedd y Carneddau a'r Glyderau ac ar lan Llyn Ogwen, mae Bwthyn Ogwen yn lle perffaith ar gyfer cwrs dysgu awyr agored anturus a chofiadwy.

Roedd disgyblion Ysgol Uwchradd Tywyn yn gallu treulio wythnos yma, lle roeddent yn gallu cymryd rhan mewn gweithgareddau amrywiol, gyda llawer o'n disgyblion yn profi gweithgareddau nad oeddent erioed wedi'u gwneud o'r blaen. Roedd taith Bwthyn Ogwen yn llwyddiant ysgubol.

Mae'r wythnos yn heriol, fodd bynnag, yn seiliedig ar adborth ein disgyblion yn her sy'n werth ei gwneud. Rydym hefyd yn edrych ymlaen at y flwyddyn nesaf!

Located between the Carneddau and Glyderau mountain ranges and on the shore of Llyn Ogwen, Bwthyn Ogwen is the perfect place for an adventurous and memorable outdoor learning course.

Pupils of Ysgol Uwchradd Tywyn were able to spend a week here, where they were able to participate in various activities, with many of our pupils experiencing activities they had never done before. The Bwthyn Ogwen trip was a brilliant success.

The week is a challenging one however based on the feedback of our pupils a challenge worth doing. We look forward for the trip next year as well!





Newyddion Chwaraeon / Sports News

Llongyfarchiadau i **Sofia Rosamilia** blwyddyn 9 sy'n chwarae i Glwb Hoci Dysynni ac Ysgol Uwchradd Tywyn.

Mae Sofia wedi cael ei dewis i chwarae ar lefel sirol, ac mae'n datblygu'n dda iawn fel chwaraewr hoci ac mae'n ymddangos ei bod yn gwella'n gyflym.

Yn ddiweddar, gwnaeth teulu Sofia gais i Grays Hockey am nawdd a dderbyniwyd, arwyddwyd contractau, a chynigiodd Grays Hockey ei noddi am weddill y tymor.

Mae hyn yn newyddion gwych Sofia, rydym ni fel ysgol yn falch iawn o dy gyflawniadau ac yn dymuno'n dda i ti wrth i ti barhau i gystadlu mewn gemau sydd i ddod.

Pob lwc!

Congratulations to **Sofia Rosamilia** year 9 who plays for Dysynni Hockey Club and Ysgol Uwchradd Tywyn.

Sofia has been selected to play at county level, and is developing really well as a hockey player and seems to be improving quickly.

Sofia's family recently applied to Grays Hockey for sponsorship which they accepted, contracts were signed, and Grays Hockey offered to sponsor her for the remainder of the season.

This is fantastic news Sofia, we as a school are very proud of your achievements and wish you well as you continue to compete in upcoming matches. Good Luck!



Hoci dan 12

Da iawn i ferched blwyddyn 7 am gystadlu yn twrnament hoci Eryri yn ysgol Brynrefail wythnos dwythaf. Gorffennodd y tim yn 3ydd ar y diwrnod ac yn symyd i'r rownd nesaf yn cystadleuaeth plat gogledd cymru

Under 12 hockey

Well done to the yr7 girls for competing in the Snowdonia hockey tournament at Brynrefail school two weeks. The team finished 3rd on the day and stumbled into the next round in the north Wales competition.



Da iawn i ferched dan 14 am guro pob gem yn rownd derfynol Gogledd Cymru. Perfformiad Gwych, a bydden yn nesaf yn cynrychioli'r ysgol yn Abertawe yn rownd cynderfynol Cymru. Llongyfarchiadau genod a phob lwc!

Well done to the U14 girls for winning every game in the North Wales final. A Great Performance, we would next represent the school in Swansea in the Welsh semi-final. Congratulations girls and good luck!



Tim Eryri Dan 15

Mae **Annie** Blwyddyn 8, **Alanna**, **Alicia**, **Sofia** a **Tilly** Blwyddyn 9 wedi eu dewis fel rhan o garfan tim Eryri dan 15, sy'n cynnwys merched o siroedd Conwy, Gwynedd ac Ynys Mon.

Tilly yw Is-Gapten y tim. Golyga hyn eu bod yn teithio i Ysgol Rydall ar gyfer hyfforddiant gan Lynda Bennett, Ryan Goddard a Nathan Hatton.

Maent eisioes wedi chwarae yn erbyn timau Siroedd Morgannwg ac Arfordir De Cymru, gan ddod yn fuddiol mewn dwy gem a sgor gyfartal mewn gem arall.

Bydd y merched yn cymryd rhan mewn Gwyl Hoci yn ystod hanner tymor yn Abertawe, gan chwarae yn erbyn timau o bob cwr o Gymru.

Pob lwc merched!



Snowdonia Under 15 Team

Annie Year 8, **Alanna**, **Alicia**, **Sofia** and **Tilly** Year 9 have been selected as part of the Snowdonia Under 15 team squad, which includes girls from Conwy, Gwynedd and Anglesey counties.

Tilly is the team's Vice-Captain. This means they travel to Rydall School for training by Lynda Bennett, Ryan Goddard and Nathan Hatton.

They have already played against Glamorgan and South Wales Coast Counties teams, coming off wins in two games and equal scores in another game.

The girls will take part in a Hockey event during half term in Swansea, playing against teams from across Wales.

Good Luck Girls!